

## Medical certificate swissultra 2018

***The medical certificate has to be handed over to the event organizer during the briefing, together with the signed waiver of liability. Without the medical certificate and the signed waiver of liability an athlete will not be allowed to participate in the race. This is also part of the IUTA rules article 4.***

Competition: **Deca Ultratriathlon CONTINUOUS (1x10)**  
Date and city: 15. – 30. August 2018, Buchs SG (Switzerland)  
Description: The Deca ultratriathlon CONTINUOUS is a race over a total distance of 2'260 kilometers (10 ultratriathlons of 3.8km swim, 180km bike and 42.2km run each). The athletes have to complete all distances at a time: 38km swim, 1800km bike and 422km run.  
Time limit: 345 hours (14.4 days)

This document confirms that Mr / Ms

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born on (date of birth):

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is physically healthy and from my professional opinion as a medical doctor, he / she presents no signs of any significant health issues warranting that he / she abstains from taking part in the Deca ultratriathlon „continuous“ (38km swim, 1800km bike and 422km run).

Place, date (must be within the last 12 months before the first day of the event):

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Signature of the medical doctor:

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Signature of the athlete:

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